

Post Operative Penile Procedures Instructions

Circumcision; Excision/Lysis of Penile Adhesion; Excision of Penile Mass

Please read the following instructions. They are intended to make your recovery as quick and complete as possible.

WOUND CARE – *Remove all layers of dressing within 1-2 hours of being discharged home.* Expect some blood spotting or bleeding when this is done. Then apply Bacitracin or Neosporin Ointment and gauze, and continue this routine of Ointment and Gauze 3 times daily for one week. After 48 hours, you can shower. But no baths or swimming for additional 10 days post procedure.

For Children with diaper – Follow above Wound Care instructions, in addition, Change diaper every hour for first 48 hours, then change as necessary.

ACTIVITY – *After resting for the first 48 hours,* you may begin with light activity, as you can tolerate it. Do not lift anything heavier than a gallon of milk.

FLUIDS – It is important that you stay well hydrated.

MEDICATIONS – Take prescribed medication as directed. Be sure to take a stool softener when taking pain medications that are narcotics. You should limit your narcotic pain medication use after the first 2-3 days. Motrin can be used after 48 hours post procedure in place of narcotic pain medication. Take all of your normal medication unless otherwise instructed (for example do not restart blood thinning medication unless you have spoken to the surgeon first).

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NOTIFY YOUR UROLOGIST IF: (908) 751-5939

1. Your pain and/or nausea is not controlled by medication.
2. You have a temperature above 100.5.
3. You experience an unusual amount of swelling.

Your follow up appointment is:

(Schedule for 10-14 days post procedure)